



Saturday Night Alive!

Volume 1, Issue 3
August, 2008

At a Glance:

Upcoming Events

Saturday, September 6,
Life Study @ 7:00 p.m.
@CLM

Saturday, September 13
Potluck & Life Study @
CLM, 5:30 pm

Sunday, September 14
Rushmore Radio Bike Ride

Saturday, September 20
Coffee House @ 7:00 pm

Sunday, September 21
Lunch @ Culver's 12:30

Saturday, September 27
Custer State Park meet @
10:00 am

Friday—Sunday, Oct. 3-5
RETREAT!!!

Saturday, October 11
Potluck & Life Study &
5:30 pm, CLM

Saturday, October 18
Coffee House @ 7:00 pm

Sunday, October 19
Lunch @ Golden Phoenix @
12:30 pm

Saturday, October 25
Fall Fling @ 7:00 pm

November—December
Pages 4 & 5

Save the Date!!

October 3rd—5th, 2008

These are the dates for this Fall's Retreat. This year, we will be meeting at beautiful Kamp Kinship, south of Deadwood! We will have three different local speakers: Dale Bartscher, Marci Maddux, and Roy Roberts. The theme will be "Transformed From the Inside Out". Watch for the brochure coming soon in the mail!!

Pricing is as follows: \$89 if paid by September 15, 2008.

\$99 if paid after September 15, 2008.

Includes 2 nights lodging, 4 meals, and all sessions.

Contact Laurel @ 605-545-4852 or Jackie @ 605-399-1295 for more information.

Handy Little Chart to Counteract the Blues

YOU SAY:	GOD SAYS:	BIBLE VERSES:
"It's impossible".	"All things are possible!"	Luke 18:27
"Nobody really loves me"	"I love you!"	John 3:16 & 3:34
"I can't do it."	"You can do all things!"	Philippians 4:13
"I'm afraid."	"I have not given you a spirit of fear!"	II Timothy 1:7
"I feel all alone"	"I will never leave you or forsake you."	Hebrews 13:5
"I'm always worried and frustrated."	"Cast all your cares on ME!"	I Peter 5:7
"I can't go on."	"My grace is sufficient!"	II Corinthians 12:9 & Psalm 91:15
"I'm too tired."	"I will give you rest."	Matthew 11:28-30
"I can't forgive myself."	"I forgive you!"	I John 1:9; Romans 8:1
"I can't figure things out."	"I will direct your steps."	Proverbs 3:5-6

Poetry Page

Freedom"
By Mary J.

I want to be free
To make a mistake
To be myself
And not be a fake

Sometimes I don't
know
Who I am
Why I am here
Maybe life's an
exam

Only God knows
why
And who I am to be
Where I am going
And He will love
me.

"Matters of the Heart"
By Lila S.

My mind's made up
At least I think
In fact, it's yup
Or I shall sink.

I know I should
But if I don't
Or if I could,
But then I won't

Really I'm certain
This is for me
Or it will be curtains
That I can see.

I've made up my mind
So stay out of it heart
Or deep in a bind
I soon shall dart

Yes, I love him
But that doesn't matter
His love is dim
And I'm the Mad-hatter

**WANTED:
AUTHORS.**

The "Ing" Thing

The leadership is excited to announce that we have a theme for this year!! Our theme is the "Ing" Thing. Every month we will be concentrating on a topic that ends in "ing". For example, in September our "ing" is Refreshing! In October, our "ing" is Transforming, and so on. Be on the look out for these exciting "ings" each month.

sna happenings

REFRESH"ING"—SEPTEMBER

SATURDAY, September 6 — 7:00 pm

LIFE STUDY at Christian Life Ministries (CLM), 1948 N. Plaza Dr., Rapid City
The theme will be God's Refresh"ing" Spirit presented by Lila.

SATURDAY, September 13 — 5:30 pm

POTLUCK at CLM with **LIFE STUDY** follow"ing". Bring a dish for shar"ing".
More about God's Refresh"ing" Spirit by Doug and Debbie Heck

SUNDAY, September 14 — 12:00 noon

Rushmore Radio Bike Ride on the Mickelson Trail.
Meet at the Custer Visitor Center
Contact Lisa S. for more information 484-0773.

SATURDAY, September 20 - 7:00 pm

COFFEE HOUSE at Black Hills Bagels, 913 Mount Rushmore Rd., Rapid City
KC (& Company) will be our musical entertainment. \$1.00 cover charge.

SUNDAY, September 21 - 12:30 pm

SUNDAY LUNCH @ CULVER'S, 2121 West Main, Rapid City

SATURDAY, September 27 - 10:00 am

CUSTER STATE PARK EAT AND HIKE

Meet at Mount Rushmore Rd. Safeway at 10:00 am. Bring money for lunch and gas. We will be check"ing" out the vendors in the Park and do"ing" some sort of hik"ing", either long or short, depend"ing" on your preference.

**For more information, check out our website @
www.saturdaynightalivesingles.com,
or contact Jackie @ (605) 399-1295.**

TRANSFORM"ING" — OCTOBER

FRIDAY—SUNDAY, October 3-5

RETREAT!!!! "Being Transformed From the Inside Out" is the theme of this year's retreat. We are excited about the three local speakers!! Send in registration as soon as possible to receive the discount price. Deadlines: \$89.00 by Sept. 15th; \$99.00 after Sept. 15th.

SATURDAY, October 11 - 5:30 pm

POTLUCK and LIFE STUDY at CLM, 1948 N. Plaza Dr., Rapid City

The theme will be God's Transform"ing" Power.

SATURDAY, October 18 - 7:00 pm

COFFEE HOUSE at Black Hills Bagels, 913 Mount Rushmore Road, Rapid City

Entertainment to be announced. \$1.00 cover charge.

SUNDAY, October 19 - 12:30 pm

SUNDAY LUNCH at Golden Phoenix, 2421 West Main, Rapid City

SATURDAY, October 25 - 7:00 pm

FALL FLING at CLM, 1948 N. Plaza Dr., Rapid City

Come prepared to have a great time do"ing" a Digital Scavenger Hunt. This will be loads of fun!!

THANKSGIV"ING" - NOVEMBER

SATURDAY, November 1 - 7:00 pm

LIFE STUDY at CLM, 1948 N. Plaza Dr., Rapid City

The theme will be Thanksgiv"ing".

SATURDAY, November 8 - 7:00 pm

COFFEE HOUSE at Black Hills Bagels, 913 Mount Rushmore Rd., Rapid City

Entertainment to be announced. \$1.00 cover charge.

SUNDAY, November 9 - 12:30 pm

SUNDAY LUNCH at Sanford's, 306 7th St., Rapid City

SATURDAY, November 15 - 7:00 pm

LIFE STUDY at CLM, 1948 N. Plaza Dr., Rapid City

More on the theme of Thanksgiv"ing"

SATURDAY, November 22 - 5:30 pm

DIN"ING" and VIEW"ING". Meet at Rushmore Mall Food Court to eat. We will be go"ing" to a movie after eat"ing".

SATURDAY, November 29 - 6:00 pm

PARADE OF LIGHTS. Meet at Alternative Fuel, 620 Main St., Rapid City, to view the Parade of Lights. Cider"ing" and socializ"ing" at Laurel's, (605)545-4852, afterwards.

CELEBRAT"ING" - DECEMBER

SATURDAY, December 6 - 6:00 pm

CAROL"ING" at Clarkson Mountain View Nursing Home, 1015 Mountain View, Rapid City
We will be celebrat"ing" Christmas with the residents by carol"ing". Afterwards, we will be go"ing" to Storybook Island to view the lights and then to Culver's for sustenance and warm"ing"up.

SATURDAY, December 13 - 6:00 pm

CHRISTMAS BANQUET"ING"!! More details to come on this event.

WEDNESDAY, December 31 - 7:30 pm

PARTY"ING" at Darcie's. A great way to bring in the New Year with good friends and lots of fun! Bring snacks and board games to share.

A BAD DAY?

Recently I had a bad day. It was horrible. I don't have bad days very often, thankfully. In hindsight, there are some things I learned from it and I would like to share them with you.

- **CHILDISH VS CHILDLIKE.** There is a big difference in these two. The Lord wants us to have a childlike heart, but not to act childish. That day, I chose badly. (Matthew 18:3; II Corinthians 13:11)
- **IT'S OK TO MAKE A MISTAKE.** Are there any other perfectionists out there? I hate to make mistakes. It feels like the end of the world. Although everyone else sees my imperfections, (I'm pretty sure they are blatantly obvious to others) I am still learning to accept it in myself. We can be our own worst enemies. (Romans 3:23; I John 1:9)
- **DEPRESSION/ISOLATION.** I began to see how people can spiral downward very quickly. Suddenly, in my mind, I couldn't do anything right, I was a complete failure and I wanted to quit. I didn't want to be around anybody, and yet I thought it was everybody else's job to care about what was going on with me. Wow, how powerful our thinking is! (Philippians 4:6-8)
- **WHAT'S IN YOUR HEART?** It was shocking to realize the ugliness that was welling up inside of me. Have you ever become painfully aware of things that are in your heart and you have no idea where they came from? (Psalm 51:10)
- **WALK AWAY?** I really don't like conflict. It causes this "fight or flight" reaction within me. As singles, it can be easier to just walk away and not face it. I'm learning that God can use those times to teach us, to change us. If we run, more than likely we will have a similar situation occur somewhere else down the road. (Philippians 1:6)
- **WHEREVER I GO, THERE I AM.** I am learning that no matter what problem I am going through, I am the common denominator in it. (Romans 7:15-8:4)
- **GRACE.** I found grace in my bad day. Grace from God, grace from my friends, and I'm learning it's OK to give myself some grace. (II Peter 3:18)

How awesome it is to know that we have a God who cares and has answers for us no matter what we are going through. He loves us even when, especially when, we have a bad day. As our retreat theme for this year says, He wants to "Transform Us from the Inside Out"! (II Corinthians 3:18)

Maybe it wasn't such a bad day after all.
Jackie D.

SMALL GROUPS COMING SOON!

SNA is excited to be offering several options for small groups this fall. These groups will be lead by people from SNA. Some of the topics will be: "He Loves Me" or "Classic Christianity" offered by Lenny; "Friendship" offered by Jim; "The Crown Financial Course" offered by Mark; and "Five Love Languages of Singles" by Lila. These are book studies and require payment for the book. Other possibilities may include a walking group, a dining out group, "Love and Respect" teaching, and so on. If you are interested in any of these subjects, please let the leader of the group know or Jackie (605) 399-1295. Most of these groups will begin after the Retreat with places to be announced. This is a great opportunity to connect with others.



Saturday Night Alive!
A Fellowship of Christian Singles
P. O. Box 5513
Rapid City, SD 57709
www.SaturdayNightAliveSingles.com
snasingles@rushmore.com

Mission Statement: Providing a safe place for single adults to grow in their relationship with Jesus Christ; to be encouraged and challenged; meeting together in an atmosphere of fun and acceptance.

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